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SENTIENT 2007  
PUBLICATIONS





Sentient Publications, LLC publishes books on cultural creativity, experimental education, transformative spirituality, holistic health, new science, ecology, and a variety of other topics, approached from an integral viewpoint. Our authors are intensely interested in exploring the nature of life from fresh perspectives, addressing life's great questions, and fostering the full expression of the human potential. Sentient Publications' books arise from the spirit of inquiry and the richness of the inherent dialogue between writer and reader.

Our Culture Tools series is designed to give social catalyzers and cultural entrepreneurs the essential information, technology, and inspiration to forge a sustainable, creative, and compassionate world.

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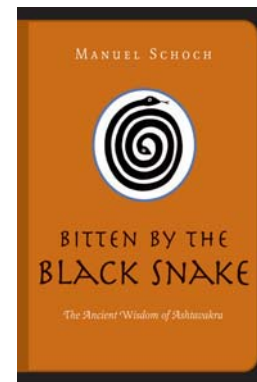
**new titles**

**Bitten by the Black Snake**

*The Ancient Wisdom of Ashtavakra*  
**Manuel Schoch**  
978-1-59181-060-5 110 pages pb \$12.95

The *Ashtavakra Gita* is an ancient Sanskrit text that presents the traditional teachings of Advaita Vedanta with a clarity and power very rarely matched. Its message is that there is neither existence nor nonexistence, right nor wrong, moral nor immoral. In the view of the sage Ashtavakra, the apparent author of this text, one's true identity can be found by simply recognizing oneself as pure existence, or the awareness of all things.

In this edition, the text is expounded on by Swiss mystic and therapist, **Manuel Schoch**, the author of *Healing with Qualities*. Schoch developed Time Therapy, about which he gives international talks, workshops, and training programs. He is the director of the Tune-In Centre for Time Therapy based in Zurich, London, and Athens, which he founded in 1984. He lives in Zurich, Switzerland.



**Changing the Course of Autism**

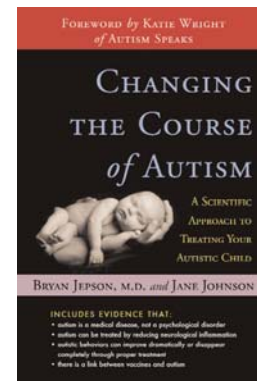
*A Scientific Approach  
for Parents and Physicians*  
**Brian Jepson, M.D., with Jane Johnson**

978-1-59181-061-2 345 pages pb \$18.95

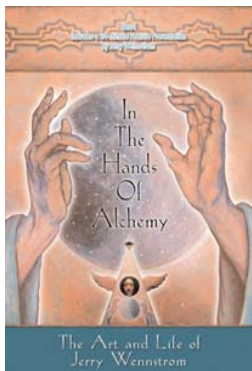
Once a rare disease, autism is now a worldwide epidemic affecting 1.8 million American children. *Changing the Course of Autism* has the potential to revolutionize the way this disease is perceived and managed by showing that autism can be treated as a medical disease, rather than a behavioral disorder. In this book, the authors describe specific methods they have used to successfully diagnose and treat the underlying medical conditions of autistic children.

**Bryan Jepson, M.D.**, is Board certified in emergency medicine. After his son was diagnosed with autism, he established a clinic where autistic children could receive the most up-to-date care available. He lives in Austin, Texas.

**Jane Johnson** is the Co-Managing Director of the Board of Thoughtful House, which has been described as the emerging Mayo Clinic for autism treatment and research. She lives in New York City.



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## In the Hands of Alchemy

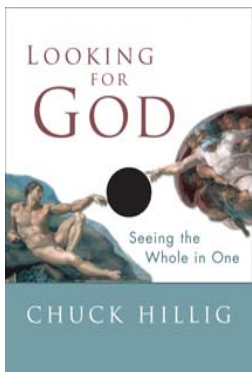
*The Art and Life of Jerry Wennstrom*

Phil Lucas and Mark Sadan, co-directors

978-1-59181-057-5 68 mins. color DVD \$14.99

In the late 1970s, Jerry Wennstrom was a rising star in the New York art world when he decided that the ultimate creative leap was to destroy his large body of art, give away all of his possessions, and spend the next ten years wandering, seeking, and listening.

In this DVD, Jerry Wennstrom tells the extraordinary story of his daring exploration into the source of his creativity. Wennstrom and his art are handsomely portrayed in this film about his unique, adventurous search for spiritual authenticity. The film includes footage of the Monks of Depung-Loseling Tibetan Monastery, excerpts from a 1979 film that show many of the works Wennstrom destroyed, a recent presentation by Jerry before a live audience in his studio, and testimony and narration by poet David Whyte, author Christina Baldwin, and artist Deborah Koff Chapin.



## Looking for God

*Seeing the Whole in One*

Chuck Hillig

978-1-59181-059-9 150 pages pb \$15.95

Looking for God is the second book in Sentient's edition of Chuck Hillig's Enlightenment Quartet. Hillig's light-hearted writing brings a simple yet profound message to the spiritual seeker. This extraordinary book has a one-inch hole drilled through the center of each page, which the author uses as a metaphor for the emptiness

we may fear in ourselves. By pointing to the hole, Hillig shows the spaciousness in the center of each of us and the unique journey into the (w)holeness that lies at the core of the spiritual path. This unique and uplifting book is a gift of inspiration to all readers who search for happiness and love.

**Chuck Hillig** has an MA from St. Louis University, and an MA from Azusa Pacific University. He has been licensed as a marriage and family therapist since 1978. He is the author of seven books, which have helped thousands of people around the world experience a new awareness of their true nature.

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## What's Next After Now?

*Post-Spirituality and the Creative Life*

1-59181-034-5 \$14.95 pb

The spiritual marketplace has discovered the “power of now” and learned all about the present moment, but is that it? Is it that simple? Or is there an art and a mystery to living a life without reference to past or future?

## Are We Aware Yet?

*Dialogue with Steven Harrison, 2003 Inner Directions Gathering*

1 audio cassette 1 hour 10 minutes \$6.95

This inquiry into actuality is filled with humor, profound inquiry, and honest self-examination that will give you much to ponder.

## Beyond Consciousness

*Ordinary Spirituality, Dialogues with Steven Harrison*

2 cassettes 3 hours 1-59181-013-2 \$14.95

This two-tape set explores a new dynamic movement that is beyond consciousness and yet embedded in our ordinary life.

## The Human Potential

*Living in the Quantum Reality: Steven Harrison in Lindau, Germany*

1 VHS 80 minutes 1-59181-022-1 \$14.95

What is the human potential? Can the individual discover the full expression of creativity in life? How do we live in the world in a true and meaningful way?

## Just As It Is

*Conversations with a Contemporary Mystic: Steven Harrison in Zurich*

1 VHS 107 minutes 0-9710786-6-1 \$29.95

Followed through a day on his European lecture tour, Steven Harrison relates the philosophy of “doing nothing” to areas of difficulty and joy in peoples’ lives.

## The Moment of Discovery

*Dialogues with Steven Harrison*

4 cassettes 5 hours 1-59181-004-3 \$24.95

Includes dialogs exploring free will, the nature of thought and consciousness, engaged living, and quantum reality.

## Self-Deception and the Fires of Transformation

*Dialogues with Steven Harrison*

4 audio CDs 5 hours 1-59181-030-2 ~~\$19.95~~ \$9.95

This audio set is the distillation of a six-week series of dialogues with Harrison.

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## The Steven Harrison Collections

Collection pricing available to direct customers only. Prices include US S&H. Outside the US, add \$25.

COMPLETE COLLECTION—\$109  
AUDIO/VISUAL COLLECTION—\$49  
BOOK COLLECTION—\$49



**Steven Harrison** is an international speaker on the topics of consciousness, human development, relationship and alternative education. He is also a founder of The Living School, a learning community in Boulder.

### Being One

*Finding Our Self in Relationship*

0-9710786-5-3 \$11.95 pb

*Being One* demonstrates that the clutter of solutions to relationship problems only adds to the turmoil.

### Doing Nothing

*Coming to the End of the Spiritual Search*

0-87477-941-3 \$16.00 hc **DIRECT CUSTOMERS ONLY**

If you have followed spiritual practices that have not fundamentally changed your life, Harrison's profound inquiry offers a way to touch the truth through the simple act of stopping the search.

### Getting to Where You Are

*The Life of Meditation*

1-59181-006-X \$14.95 pb

A penetrating journey through contemporary spirituality, meditation technology, and post-modern culture, *Getting to Where You Are* challenges the very basis of contemporary spirituality and the consumer society that created it.

### The Happy Child

*Changing the Heart of Education*

1-59181-000-0 \$9.95 pb

Children naturally want to learn, Harrison asserts, so let them direct their own education in democratic learning communities where they can interact seamlessly with their neighborhoods, their towns, and the world at large.

### The Question to Life's Answers

*Spirituality Beyond Belief*

0-9710786-0-2 \$12.95 pb

Through the questions we all have about life, Harrison deconstructs the spiritual, therapeutic, and self-help methods we use to try to change ourselves.

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## Mysteries of the Life Force

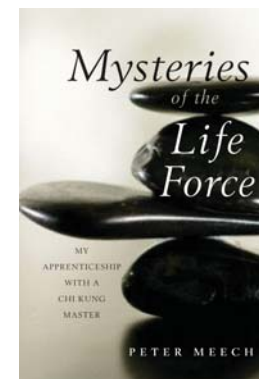
*My Apprenticeship with  
a Chi Kung Master*  
**Peter Meech**

978-1-59181-055-1 128 pages pb \$14.95

This book chronicles the first seven years of an extraordinary apprenticeship that took place in Toronto between the author and a celebrated chi kung master from Shanghai.

Many astonishing events occurred during the apprenticeship, such as frequent telepathic exchanges between master and student, the throwing of chi-energy over great distances, and at least one instance of what could be called Jedi mind control, right out of the *Star Wars* movies.

**Peter Meech** has been studying chi kung since 1985. He lives in Los Angeles where he writes, directs, and produces television and film.



## Snap Out of It Now!

*Four Steps to Inner Joy*  
**Adrienne Ahern, Ph.D.**

978-1-59181-056-8 216 pages pb \$14.95

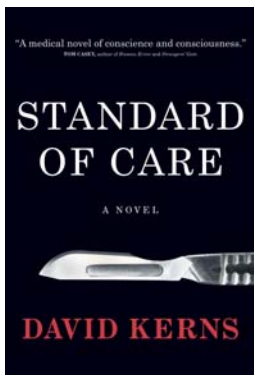
Dr. Adrienne Ahern's powerful program can help you make a quantum leap to a life with purpose, joy, and excellence. *Snap Out of It Now!* is your guide to do-it-yourself fulfillment - whether you want more self-confidence, wealth, love, or just more fun! Her method is ideal for people in every situation, including people who say yes to the wrong relationships, stressed-out business people, athletes, people who fail at diets, and all of us who believe we are not good enough, smart enough, rich enough, thin enough, or young enough.

*Snap Out of It Now!* will show you how to end your negative thinking and find the keys to success with anything you want in life!

**Adrienne Ahern, Ph.D.**, received her master's degree in counseling psychology from the University of San Francisco, and a second master's degree and a Ph.D. in clinical psychology at the California School of Professional Psychology.



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## Standard of Care

David Kerns

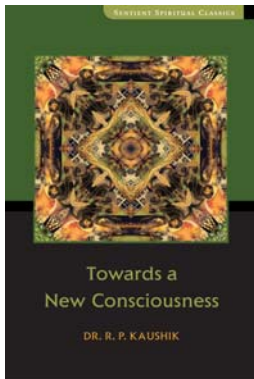
978-1-59181-054-4 176 pages pb \$13.95

Dr. Daniel Fazen becomes the new senior medical executive, the guardian of quality patient care, at his long-cherished community hospital, which is soon acquired by the largest, most ruthless for-profit hospital conglomerate in America. So begins a dramatic decline in the quality of caregiving. Finally, frightened and overwhelmed with guilt about a preventable child abuse death, due to a decision in the company's financial interest,

Dan confronts the ethical dilemma of his life.

*Standard of Care* is a fictional exploration of a very real threat to American health care when an ordinary physician finds himself at an unparalleled turning point.

**David Kerns** is currently a Clinical Professor of Pediatrics at the Stanford University School of Medicine. He is also the Medical Director for the Center for Child Protection, Department of Pediatrics, at the Santa Clara Valley Medical Center in San Jose, California.



## Towards a New Consciousness

R. P. Kaushik, M.D.

978-1-59181-058-2 160 pages pb \$15.95

This classic text from the American spiritual renaissance of the 1960s and 1970s gives us the remarkable insights of a man who tested everything against his own perceptions. Finding no satisfaction in beliefs or spiritual techniques, he found that life can be understood only moment to moment.

In this book, Dr. Kaushik investigated time, the silent mind, the art of observation, dreams, sex, the nature of love, and many other vital subjects. The reissuing of this work is an opportunity to discover the original wisdom of a profound and unusual teacher who was a contemporary of J. Krishnamurti, Vimila Thakar, David Bohm and others who sought to create a spirituality beyond any religious or philosophical system.

**Dr. Kaushik** practiced medicine for 23 years until he began traveling around the world, speaking on meditation and spirituality. He was the author of five books. He died in 1981.

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*Cultivating a Sense of Place*

Jim Nollman 1-59181-025-6 \$17.95 pb

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*Includes all 8 masterpieces—Collection pricing available to direct customers only—Prices include US S&H. Please add \$25 for shipping outside US*

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*A Do-It-Yourself Guide to Home Safety*

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## The Secrets of Voice-Over Success

*Top Voice Actors Reveal How They Did It*

**Joan Baker**, foreword by David Hyde Pierce 1-59181-033-7 \$18.95 pb

Through the compelling stories of twenty highly successful voice-over professionals, the author inspires and teaches novices and experienced actors everything they'll need, from developing their talent to landing that first big job.

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## The Underachieving School

**John Holt** 1-59181-038-8 \$14.95 pb

This collection of essays and articles shows the difference between learning and schooling and is full of ideas on how to teach children based on the way they actually learn.

## What Is Self?

*A Study of the Spiritual Journey in Terms of Consciousness*

**Bernadette Roberts** 1-59181-026-4 \$21.95 pb

An extraordinary philosophical treatise on the nature of self and God. A renowned contemporary mystic, Roberts takes us to the ultimate consciousness that transcends self and experience.

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## culture tools

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*How to Start, Manage, and Profit from Your Own Home-based Publishing Company*

**Thomas A. Williams**

1-59181-003-5 322 pages pb \$24.95

Have you ever wanted to publish a magazine, guide book, or weekly newspaper and make substantial profits while working from your home? Tom Williams has done just that in his own profitable publishing career, and he can tell you how to run a successful home-based publishing company in this practical how-to guide.



## education/parenting

### Optimal Parenting

*Using Natural Learning Rhythms to Nurture the Whole Child*

**Ba Luvmour**

1-59181-041-8 420 pages pb \$19.95

Learn how to use Natural Learning Rhythms—an easy-to-understand system of child development and family dynamics to create environments for optimal well-being. This parenting approach addresses the emotional, physical, and spiritual development of the whole individual. Natural Learning Rhythms promotes greater depth and meaning in family relationships.



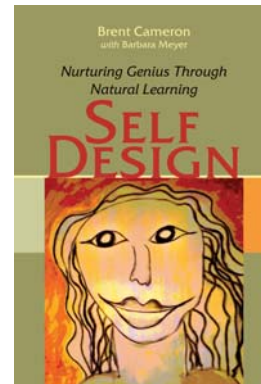
### SelfDesign

*Nurturing Genius Through Natural Learning*

**Brent Cameron, M.A., with Barbara Meyer**

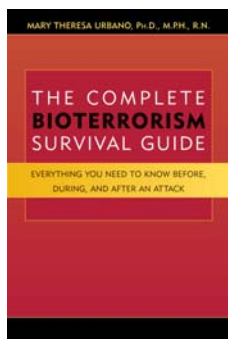
1-59181-044-2 250 pages pb \$16.95

Inspired by his daughter's capacity for natural learning, visionary educator Brent Cameron initiated a new teaching model that allowed children to create their own programs which employ their innate enthusiasm for learning. In this book, Cameron shows we can transform the possibilities for our children, our families, and our communities.



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health



**The Complete Bioterrorism Survival Guide**  
*Everything You Need to Know Before, During, and After an Attack*

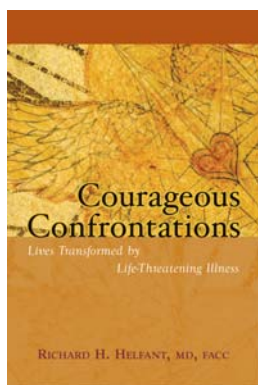
**Mary Theresa Urbano, M.P.H., R.N.**

1-59181-051-5 200 pages pb \$16.95

Experts believe it is only a matter of time until there is another major terrorist attack on American soil. They are concerned that next time the assault will include deadly biological agents and will result in hundreds, thousands, or even tens of thousands of victims. Yet the majority of

Americans don't know where to go for critical information concerning bioterrorism. *The Complete Bioterrorism Survival Guide* addresses the growing number of citizen requests for practical information in an easily accessible format, providing straightforward, useful guidelines and tools for surviving a bioterrorist attack.

**Dr. Mary Theresa Urbano, Ph. D.**, has long been at the forefront of preparing our country to handle bioterrorist attacks as the Associate Director of the International Coalition for Mass Casualty Education.



**Courageous Confrontations**

*Lives Transformed by  
Life-Threatening Illness*

**Richard H. Helfant, M.D.**

1-59181-035-3 210 pages hc \$24.95

Life-threatening illness is more than a crisis of the body; it is a crisis of the soul. Richard Helfant recounts stories of his patients who challenged their illness head-on and awoke to deep internal truths about themselves. These stories show how the critically ill

have an opportunity to heal their soul as well as their body and gain a heightened self-awareness. *Courageous Confrontations* is an inspiring account of the possibility of transformation and deep healing in the face of profound health challenge even in the most unlikely people.

**Richard Helfant** is a Harvard-trained cardiologist who pioneered the development of cardiac electrophysiology and nuclear cardiology. He has been widely published in the medical and scientific fields.

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**The Inspired Heart**

*An Artist's Journey of Transformation*

**Jerry Wennstrom**, foreword by Thomas Moore 0-9710786-9-6 \$18.95 pb  
The story of Jerry Wennstrom, who in the late 1970s decided that the ultimate creative leap was to destroy his large body of art, give away all of his possessions, and spend the next ten years wandering and trusting God to take care of him.

**Instead of Education**

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Drawing on thirty years of careful observation of the human energy system, Manuel Schoch offers a direct, practical way to realize your true inner potential.

## Doctors on the Edge

*Will Your Doctor Break the Rules for You?*

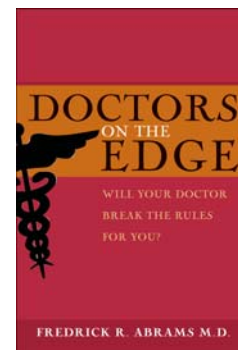
**Fredrick R. Abrams**

1-59181-045-0 200 pages hc \$23.95

This book exposes some of the hardest decisions to be made in a profession in which people's bodies are vulnerable and souls are laid bare. *Doctors on the Edge* is the account of doctors who are faced with wrenching moral dilemmas, which are thrust upon them uninvited and unexpected. Law, medicine, and morality—sometimes complementary and sometimes conflicting—intrude on the daily practice of medicine.

In gripping stories that often including life-and-death decisions, doctors maneuver through ambiguities, subjectivity, and the essential principles of medical ethics.

**Fredrick R. Abrams** is a Denver physician who specialized in obstetrics and gynecology for over 40 years and served as chair of the Ethics Committee of the American College of Obstetricians and Gynecologists.



## Hands-On Healing

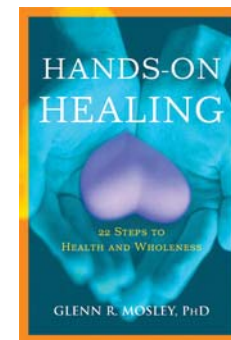
*Simple Steps to Health and Wholeness*

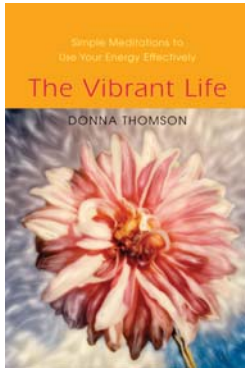
**Glenn R. Mosley, Ph. D.**,

1-59181-048-5 160 pages pb \$14.95

Thousands of people who have attended Dr. Mosley’s healing workshops have testified to the success of his alternative therapies in treating disease. *Hands-On Healing* gives us the same information he gives them—clear and simple steps for maintaining better health. The reader will learn healing techniques that help balance energy, combat disease, and promote well-being to benefit themselves, their family, and their friends. Written for the lay practitioner, *Hands-On Healing* is a guide to new possibilities in healthy living.

**Rev. Glenn Mosley** was the CEO of the Association of Unity Churches for 20 years, and appeared on radio or television daily. He has taught the simple methods described in this book to more than 100,000 ordinary people in the past 30 years.





### The Vibrant Life

*Simple Meditations to Use Your Energy Effectively*

**Donna Thomson**

1-59181-046-9 110 pages pb \$14.95

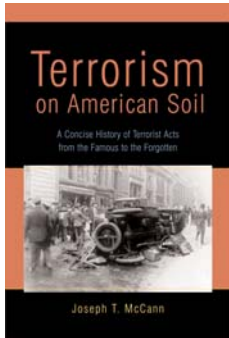
*The Vibrant Life* is a manual of practical meditations that help you address the issues of modern life. Through these meditations you can understand your energy and make effective use of it. You will learn to set boundaries, to conserve energy, to prevent energy drain in difficult relationships, and to work with anxiety and negative thought patterns.

and negative thought patterns.

Experience the beauty of your own energy. Free your energetic flow so that you can accomplish what you want to do and live the life you envision. Many of these meditations take only a few minutes, you can do them almost anywhere, and the results might just change your life.

**Donna Thomson**, MSW, is a meditation teacher and therapist who lives near Santa Fe, New Mexico.

### history



### Terrorism on American Soil

*A Concise History of Plots and Perpetrators from the Famous to the Forgotten*

**Joseph T. McCann**

1-59181-049-3 360 pages hc \$24.95

Fanatic bombers conspire to destroy the U.S. government in a plot that shakes the country: the Anarchist bombings of June 2, 1919. The U.S. has experienced terrorism throughout its history, and Americans must understand its historic context to make sense of the political struggles taking place in our world today. This fascinating

book chronicles the most significant events, exploring legal and psychological issues, and providing details of each attack, the people involved, their motives, and the social or political context—all in a highly readable style. Now, more than ever, the history of terrorism in America is an essential topic for all who care about our future.

**Dr. Joseph McCann** is a psychologist, an attorney, and an expert on terrorism who teaches at State University of New York.

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### travel

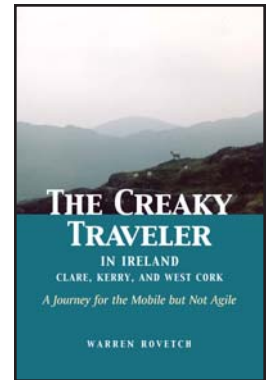
### The Creaky Traveler in Ireland

*A Journey for the Mobile but Not Agile*

**Warren Rovetch**

1-59181-027-2 180 pages pb \$15.95

This is the second in Warren Rovetch's Creaky Traveler series of entertaining and informative travelogues for "the mobile but not agile." Rovetch goes to the Irish counties of Clare, Kerry, and West Cork this time and stays in charming B&Bs while he gets to know the locals - both adults and children - so he can report to us on their ways.



Rovetch mixes history and culture with sightseeing to give us a very personal look at the places and people he visits. He includes both good and bad impressions of lodgings and restaurants and shares the secrets of a successful trip. The travel tips are especially useful for the older set, but travelers of any age - arm-chair or otherwise - will enjoy and profit from this book.

backlist

### An Actor's Business

*How to Market Yourself as an Actor No Matter Where You Live*

**Andrew Reilly** 1-59181-020-5 \$16.95 pb

Reilly covers unions, marketing yourself, how a studio movie is made, and describes 19 regional acting markets in detail, plus Hollywood and New York.

### Back in Control

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Wilson draws on over fifteen years of experience in career counseling to show that you can manage the mental and emotional underpinnings of career transition to your benefit and emerge with increased wisdom, wholeness, and strength.

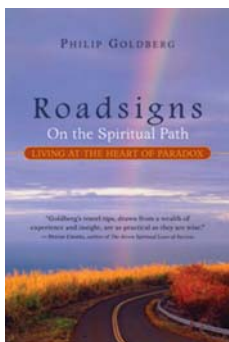
### Cleansing the Doors of Perception

*The Religious Significance of Entheogenic Plants and Chemicals*

**Huston Smith** 1-59181-008-6 \$14.95 pb

In wrestling with the question—Do drugs have religious import?—Smith draws on history, theology, philosophy, psychology, and anthropology.

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## Roadsigns on the Spiritual Path

*Living at the Heart of Paradox*

Philip Goldberg

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You may seek comfort, inspiration, and answers on the spiritual path, but eventually all paths lead to paradox—directions seem to conflict, the path leads in any number of directions, and answers seem elusive. Philip Goldberg confronts these divine dilemmas with profound insight and engaging humor.

Based on more than 30 years of experience and research, the truths in *Roadsigns* will help you keep your balance on the razor's edge of the spiritual path whether you travel independently or within an established tradition. Says Deepak Chopra, "Goldberg's travel tips, drawn from a wealth of experience and insight, are as practical as they are wise."

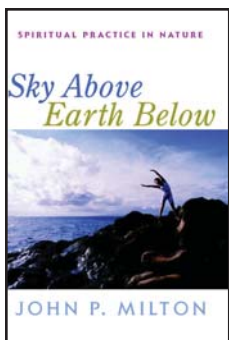
**Philip Goldberg** is a spiritual counselor, meditation teacher, and ordained Interfaith Minister. The author or co-author of 17 books, he has appeared on many television and radio talk shows, including NBC's *Today*.

## Sky Above, Earth Below

*Spiritual Practice in Nature*

John P. Milton

1-59181-028-0 224 pages pb \$15.95



Undertake a sacred passage into the temple of nature, guided by meditation master and vision quest leader John P. Milton. Since the 1940s, this pioneering spiritual teacher has led over 10,000 vision quests into the wilds of Colorado, the Himalayas, Bali, the Arctic, Mexico, and other sacred sites around the world. In *Sky Above, Earth Below*, this pathfinder guides readers back to the wilderness within themselves to discover how they are connected with the vast and sacred mystery of nature.

**John Milton** is the founder of Threshold, an international center for environmental renewal. Milton is also a former professor of environmental studies and was a founding father of the environmental movement in the early 1960s.

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## Doctors from Hell

*The Horrific Account of Nazi*

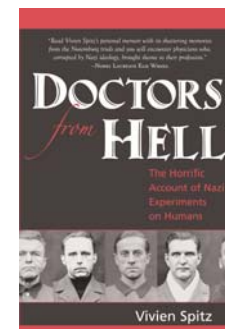
*Experiments on Humans*

Vivien Spitz

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A chilling story of human depravity and ultimate justice, told for the first time by an eyewitness court reporter for the Nuremberg war crimes trial of Nazi doctors. This is the account of 23 men torturing and killing by experiment in the name of scientific research and includes trial transcripts and previously unpublished photographs used as evidence in the trial.

**Vivien Spitz** was the youngest court reporter who reported at the Nuremberg trial of the Nazi doctors.



## lifestyles

### Learning Later, Living Greater

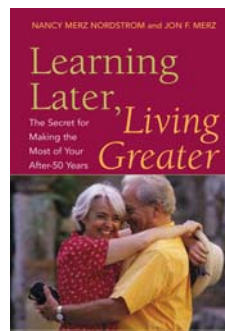
*The Secret for Making the Most of*

*Your After-50 Years*

Nancy Merz Nordstrom and Jon F. Merz

1-59181-047-7 240 pages pb \$16.95

This guidebook helps make the retirement years a richly satisfying period of continuous education, personal growth, and social involvement. Readers will have access to the latest scientific research, informative tips, and first-person accounts of the benefits of lifelong learning.



## science

### The Man Who Predicts Earthquakes

*Jim Berkland, Maverick Geologist—How His*

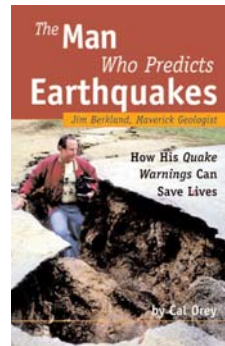
*Quake Warnings Can Save Lives*

Cal Orey

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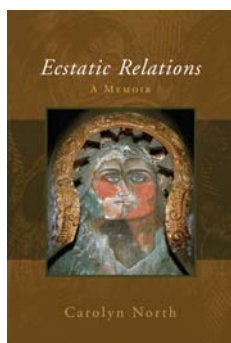
Jim Berkland, a California geologist, has accurately predicted at least 7 significant earthquakes around the world. This fascinating read includes stories of earthquake survivors, a wealth of details about seismic activity in earthquake-prone regions, tales of quake cover-ups, and future weather and quake predictions.

**Cal Orey** is the author of several books and hundreds of articles for magazines such as *Woman's World*, *Woman's Day*, and *The Writer*.



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spirituality



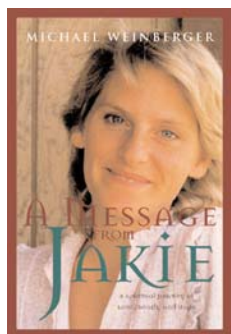
**Ecstatic Relations**  
Carolyn North

1-59181-052-3 200 pages pb \$14.95

Ancient Hindu scriptures proclaim that some “longing in the darkness” propelled our world into being. Deep bonds with the people we love are an expression of that primal force, and a doorway to ecstasy.

In this memoir, Carolyn North explores six relationships in which she was overwhelmed by the pull of ecstatic attraction. These soul bonds are sensual, but can plunge into the erotic. In times of chaos and confusion, North writes, “we must feed the world with beauty however we can.” Here are true stories of a woman’s intense connection and raw passion to merge with the spirit within each beloved she encounters.

**Carolyn North** is the author of 8 books, a healer who uses sound and movement, and a social activist.



**A Message from Jakie**  
*A Spiritual Journey of Love, Death, and Hope*  
Michael Weinberger

1-59181-043-4 182 pages pb \$15.95

“A tender story of a love that transcends even death, with an inspiring message for all of us.”  
—Deepak Chopra, author, *Peace Is the Way*

*A Message from Jakie* is a modern day *Love Story* converging with *Conversations with God*. Written in a cinematic style, this memoir relates the personal journey of transformation the author, a well known Hollywood screenwriter, shared with his wife, Jake, before and during her illness and through communication with her after death from cancer at age forty-six. Down-to-earth, moving, fun, irreverent, honest, and filled with the details of love, grief, and rebirth, this is a book that triumphs over tragedy and celebrates life, addressing the great mystery of death and beyond.

**Michael Weinberger** is a TV sitcom writer who has written and produced for *Growing Pains*, *3’s Company*, *Alice*, *Laverne and Shirley*, *Happy Days*, and many more.

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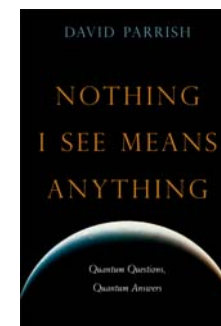
**Nothing I See Means Anything**  
*Quantum Questions, Quantum Answers*  
David Parrish, M.D.

1-59181-039-6 250 pages pb \$16.95

Is reality a matter of perception? Does it evolve? Is it a constantly changing series of intersecting universes? *Nothing I See Means Anything* is a lucid, penetrating investigation into the nature of reality and consciousness.

Starting with a layman’s examination of Freud’s psychology, the author moves seamlessly through existentialism, cognitive systems, medical theory, quantum physics, and mysticism to arrive at a unique synthesis of them all. Parrish definitively closes the gap between mind, matter, and cosmic intelligence, and elegantly identifies the pathways to highest consciousness for all of us.

**David Parrish, M.D.**, is a Freudian psychoanalyst who has researched the development of consciousness in both young children and adults. He has studied quantum physics, psychology, and philosophy, and teaches in several of these areas.



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Jerry Katz

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**Jerry Katz** runs the *nonduality.com* website and has published a daily newsletter, *Nondual Highlights*, for the past 7 years.



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